Selected Speaking

- Keynote Speaker: Pacific Rim International Disability Conference, Honolulu, Hawaii, 2016
- Keynote Speaker: Association for Applied and Therapeutic Humor Conference, San Diego, 2018
- Keynote Speaker: Transformative Language Arts Network's Power of Words Conference, Goddard College, VT
- Keynote Speaker: International School of Social Work Conference, Columbus, Ohio March 2018

- TEDx Talks: TEDx Syracuse (New York, April 2016), TEDx VCU (Virginia, February, 2017), TEDx FSCJ (Jacksonville, 2018)
  - American College of Surgeons Clinical Congress 2016 Washington, DC
  - Mental Health America Annual Conference 2017, Washington D.C.
  - Mental Health America Annual Conference 2019, Washington D.C.
  - NYU Theatre and Health Education Forum, NYC, 2019

  - Transformative Language Arts Network's Power of Words Conference, Kansas City, MO (Narrative Medicine)
  - Eating Recovery Center, Denver, CO (Mental Health, Acceptance)
  - Heart of the City: Turning Passion to Business (B:Hive, Bridgeport, CT 2015)
  - Mental Health America Annual Conference 2016, Alexandra, VA (Media, Messaging and Mental Health)
  - New England Educational Opportunity Association 2016 (Sexual Assault)
  - Transformative Language Arts Network, Sacco, Maine, 2016
  - Three-Day Integrative Wellness Retreat (PTSD & Creativity) Canyon Ranch (Lenox, MA) 2017
  - NYU Theatre and Health Education Forum: Healing Trauma Through Autobiographical Theatre
  - Great Comebacks Eastern Regional Recipient (Convatec) WOCN Conference, Greensboro, NC 2014
  - Great Comebacks (Convatec) Eastern Regional WOCN Conference ,Meriden, CT 2014
  - Great Comebacks (Convatec) National WOCN Conference, Nashville, TN, 2014
  - Wound and Ostomy Continence Nurses Society Annual Meeting, NJ, 2016
  - Creator of Gutless & Grateful (Mental Health/Disability/PTSD Education performance), Presentations 2012-2016 Colleges Nationwide
  - Expert/Features on NBC's Today, CBS, WNBC, News 12, Cosmopolitan
  - Co-creator of medical workshops with Adam Blatner, MD
    League for Advancement of New England Storytellers Annual Conference
  - Brockport College Diversity Conference (2016)
  - Modern Femme Conference (Virginia Beach, May 2017)
  - National Student Leadership Diversity Convention (NYC, October 2016)
  - Fairfield County Arts Association, Fairfield, CT
  - National WOCN Conference, Nashville, TN
  - Convatec Great Comebacks Awards, Greensboro, NC
  - WOCN Eastern Regional Conference, New Jersey, November 2016

- TEDx Syracuse Glitch, April 2016
- Sharing the Fire (LANES Conference), April 2016
- Great Comebacks Awards, Meriden, CT
- Fairfield County Cultural Alliance
- Coastal Arts Guild "Make Art Monthly"
- Resilience and the Power of the Human Spirit, Westport, CT
- Youth to Youth International Leadership Conference (Bryant College, RI)
- NAMI Ending the Silence Presentations
- International Women's Art Salon, New York
- Art Kibbutz, Governor's Island, New York (July 2016)
- StoryCollider: Science and Storytelling, New York

College Mental Health Speaker/Advocacy Program *(selected colleges)*

- Hampshire College 2014
- Boston College 2015
- Central Penn College 2015
- Russell Sage College 2015
- Haverford College 2015
- Fulton Montgomery Community College 2015
- New York University 2016
- College of St. Benedict & St Johns 2017
- Take Back the Night Pima Community College, April 2017
- Take Back the Night, CCSU, April 2019

Gutless & Grateful: Theatrical Venues

Writer, Director, Performer of One-Woman Show: Gutless & Grateful: A Musical Feast

- Triad Theatre (October 2012, New York, New York)
    - BroadwayWorld Award Nominee "Best Theatre Debut"
- Stage 72 (June 2013, New York, New York)
    - Woman About Town's "Woman to Celebrate"
- The Bijou Theatre (June 2013, Bridgeport, CT)
- Barrington Stage Company (July 2013, Pittsfield, MA)
    - Part of "Mr. Finn's Cabaret" series (personally invited by William Finn)
- United Solo Festival (New York, New York, October & November 2014)
    - "Sold Out Top Pick" – awarded additional performance
- Transformative Language Arts Network "Power of Words" National Conference (Kansas City, MO, September 2015)
- Eating Recovery Center (October, 2015, Denver, CO)
- Hampshire College (November, 2015, Amherst, MA)
- Boston College (February, 2016, Boston, MA)
- Emerging Artist Theatre (March 2016, New York, New York)
    - NYC Bistro Awards Top Pick
- Chenango Non-Profit Equity Theatre (Greene, NY, June 2016)
- Midtown Theatre Festival, New York (August, 2016)
- Transformative Language Arts Network (Sacco, Maine, August 2016)

- Metropolitan Room (NYC, February 2017)
- Statera Women and Theatre Conference (Denver, CO, October 2017)
- Sarasolo Performance Festival (Sarasota, Florida, January 2017)
- New York New Works Theatre Festival (NYC, August, 2016) *Semifinalist
- 54 Below (NYC, June 2017)
- Licensed to regional monologue competitions and college theatre departments as an academic senior project, campus event, and competition performance piece

Professional References

1.) "Recently, Amy Oestreicher performed Gutless and Grateful, to a packed house at Hampshire College, framed around her remarkable life journey from teenage ingenue to survivor of trauma and countless complicated medical procedures and finally to a place of gratitude. The production, which received rave reviews in its off-Broadway debut, contains beautifully sung musical theatre numbers as well as honest personal narrative. Gutless and Grateful was co-sponsored at Hampshire by the Theatre Program and the campus wellness center, a useful tool to talk to students about mental health issues and a powerful testament to the healing potential of the arts. Amy's seemingly unlimited energy and enthusiasm is infectious." – Talya Kingston, Visiting Assistant Professor of Theatre, School for Interdisciplinary Arts Hampshire College

2.) "You are what every campus needs right now. If we had more people with your desire to get the student body talking, a lot of issues could be brought to light." – Aaron Ferguson, *Disability Counselor, Hampshire College*

3.) "Amy Oestreicher not only shows us the power of the purest kind of perseverance, but she does so in song and dance, telling her astonishing story of surviving a daunting and lengthy medical nightmares without allowing her challenge to strip her of her dreams. She brings to life the transformative power of music, theater, dance, and storytelling along with many other arts to educate and inspire our souls as to what is possible. It was a privilege to have her perform her breathtaking one-woman show at the Power of Words conference."

– Caryn Mirriam-Goldberg, Kansas Poet Laureate 2009-13, and founder of Transformative Language Art at Goddard College

4.) See reference letter from TLAN Coordinator, Terri Grunthaner: TLAN Letter

5.) One part moving testament to human indomitability, the other a thoroughly satisfying evening of song. While each element is strong enough to stand on its own, combined they illuminate and enhance each other. Rarely have I seen narration and song so artfully meshed, and Oestreicher's likeability, good humor, interpretive skill, and manifest commitment to what she is saying and singing make us not only understand her story, but also feel it on a very deep level. -Roy Sander, critic for BistroAwards.com

6.) I have worked with Amy for several months and truly have seen her aim to make a difference in the college community come to fruition and take form. Amy has a uniquely innovative idea of combining mental health, sexual assault prevention and Broadway Theatre as a way to address the gap between mental health resources and students. Amy is a force of so much that is good in a person and an artist

– Josh Rivedal, *Founder, Executive Director of The i'Mpossible Project, International Speaker on Suicide Prevention and Mental Health*

7.) "Through her theatrical performance of Gutless & Grateful, Amy Oestreicher invites us along for her personal journey through challenging medical, social and emotional experiences in her life, all the while dancing–not walking–on the eggshells that typically

come with discussing tough topics like eating disorders. Amy's narrative brings her life challenges into perspective, allowing the audience to contemplate life's possibilities amidst their own pitfalls."

– Leslie McKay, Executive Director of the Eating Recovery Center Foundation

8.) "We loved your show…it was a wonderful example of how drama is therapeutic. Congratulations, Amy. What you're doing is not only making a difference in your life and healing, but making a difference in so many other lives as well." – Rebecca Greene Van Horn – *Lesley University Adjunct faculty*

9.) "I find you an inspiration. You are proof that we all need to tell our stories. Then your story becomes intertwined with another's and whether we ever know it or not our personal story may just be enough to give another HOPE." – Robin Nasitir, Friends of Ostomates Worldwide *Foundation*

10.) "She is, at once, one of the most independent and one of the most collaborative people I know. She is an inspirational figure to be sure, but her creativity expands well beyond her story." – David Friedman, *film and theatre composer*

11.) "Amy has continued to inspire and surprise me, our patrons and other artists through her consummate, ever-flowing creativity, incredible message of strength and resilience, her overwhelming joy and love of life against great odds and her dedication and passion to her creative work. If I were reading this letter, I would think this was hyperbole, but I would be mistaken. She is a force of so much that is good in a person and an artist. She knows what she wants to say, and is so prolific in her art and capacity in which she shares hermessage." – Jeanine Esposito, *Founder, Beechwood Arts*

12.) "Amy Oestreicher did an amazing presentation to a large group of Jewish high school students at a one night a week Hebrew High School meeting at Congregation B'nai Israel in Bridgeport, CT. The course title is 'Hope and Survival' and was extremely fitting to her inspiring story. Students felt comfortable enough to reach out to her after her talk, and she was a tremendous support and much-needed lift. " -Carole Rubin, Professor at Mercaz Hebrew High School, Bridgeport, CT

13.) It was an honor to have Amy Oestreicher's presentation of Gutless and Grateful on our campus. Her performance was riveting in its candor. Her technique, delivery and artistry were all impressive and equally effective. She took a unique and deeply personal story and turned it into something that every person in the audience could identify with. -Larry Berger, Technical Director/Music and Dance Hampshire College

14.) "She uses her triumphant tale to inspire others to reevaluate their approaches to life." – Boston College (ContactUGBC for a personal reference)