

Puppetry Workshops

Amy offers puppetry workshops for all ages, backgrounds and abilities. No puppetry experience required! puppetry styles for groups of children and adults. Our workshops are conducive to educators seeking new and inventive ways to incorporate puppetry

Workshops can include making simple puppets and practicing performance techniques. All classes take place on Zoom, and include a final performance.

Topics include:

- Puppet Arts and Mindfulness: How we can incorporate key attributes of puppetry, like breath and focus into an innovative and effective grounding practice and meditation
- Puppetry for social change: Learn how to "speak" about larger issues through the use of simple objects
- Finding the Hidden Life Around Us: Can you find gratitude through puppetry? Use Object movement to bring the everyday objects around you to life.
- Art for anyone, and from everywhere: Learn how to use resources around you to make the most unexpectedly delightful puppets!

Shadow Puppetry: Shadow and Light: Create shadow puppet theatre with a short-form story, and find the beauty in both darkness and light
And more! Contact Amy for more information.

Creating Your Best Performance and Building Theatre Skills Through Puppetry

Do you like acting, creating voices, dancing, movement, storytelling, writing, performing, designing and working with what's around you? Right now, we may feel limited by what we can do, where we can go, and how we can perform in a virtual format. In this workshop, you'll learn an amazing way to fuse all of these worlds together. Practice your acting skills, learn how to move on stage with full breath and meaning, and even discover ways to vary vocal inflection in your delivery. You'll find out how to take a powerful presence on stage, the importance of listening and responding, and some valuable tools of playwriting and devised theatre. The magical way to combine all of these skills? Puppetry? No puppeteering experience required. This workshop will show you a new way to connect with any script, scene partner, or situation. You'll also learn the tricks of a special, and highly prized theatrical skill.

What you'll learn:

Students will learn how puppetry can address larger issues. They will learn foundational skills of object movement, how to connect with characters, props and settings in their own acting work. They will learn the key attributes of stage presence, vocal exercises, devised theatre and performance. They will also understand the role that puppetry can play in theatre now, how to

make a simple puppet, and how to breathe life into "everyday objects" to make their scenes in stageplays truly stand out. They will also learn how the "see, think, react" skills they will need in their scenes, tools for improvisation, and playwriting. Students will be able to take puppetry skills into their own theatre studies, whether it be classical theatre, musical theatre, dance, improvisation, or solo performance. They will also learn basic crafting techniques.

You'll need:

Everyday objects around them, sketchpad and pencil, a piece of material like an old hat, shirt, or sock. Optionally, a script, song or scene they are currently working on.

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Amy Oestreicher

www.amyoes.com

Founder of

"LoveMyDetour," a fiscally sponsored organization creating seminars, workshops, curriculum, books, music, and performances designed to educate, and engage on Mental Health, Sexual Assault Prevention, Post Traumatic Stress Disorder, Disability, Storytelling, Anti-Bullying, Leadership, Creative Arts, and Diversity.

"My Beautiful Detour: An Unthinkable Journey from Gutless to Grateful" ISBN: 9781733138802

Playwright, Performer, Composer, [TEDx Speaker](#), Teaching Artist, PTSD Specialist