Detour Worksheets Created By Amy Oestreicher 2021 <u>www.amyoes.com</u> lovemydetour@gmail.com

<u>Detour Navigation Sheet - DETOUR:</u> a long or roundabout route taken to avoid something or to visit somewhere along the way. **A CHANGE OF DIRECTION**

Here was what I planned for:
The detour that interrupted my plans:
I remember feeling:
I reached out to:
This is the way my feet felt on that detour:
This was the weather on my trip:
These were some of the sights along the way:
This is who I met on that detour:
What I didn't expect to learn:
If I didn't keep traveling that detour, this would be my view:
So where am I right now?
What direction do I want my path to go?
How am I going to get there? Plot out the baby steps
 Point A: Point B: Point C:
What road signs of encouragement do I need?
Who are the travel-partners that would help make the journey easier?
What do I hope to see along the way?
What's the destination I'm hoping for?

https://www.amyoes.com/love-my-detour

Detour Worksheets Created By Amy Oestreicher 2021 <u>www.amyoes.com</u> lovemydetour@gmail.com

WORKSHEET #1

Think of a time when something in your life didn't go as you expected. Draw a timeline with beginning and the ending you planned. Where did you start? What happened along the way Where was your detour? Draw another line to show where you actually ended up: your deto TITLE: DATE:	/?
Because of this detour	
I met	
I saw	
I did	
I learned	
I felt And this detaur led me to here on my man	
And this detour led me to here on my map	
If I would have gone down my original path, this is what it would look like:	
It would be missing	
TE WOULD BE THISSING	
This is the new thing that I learned because of my detour:	

Detour Worksheets Created By Amy Oestreicher 2021 <u>www.amyoes.com</u> lovemydetour@gmail.com

What does creativity mean to you?

noun

1. the use of the imagination or original ideas, especially in the production of an artistic work.

Close your eyes and ask yourself:

What does the word creative mean to me personally? How does the creative spirit live in me? How do I express my creativity in my everyday life, activities, relationships?

Draw your creative self in any graphic style that feels right for you: symbols, abstract design, doodles, cartoon, picture, etc.

Look at what you've drawn and write down your reactions.

Creative Writing Prompts

- 1.) View the world as an artist studying a scene to paint a picture from, like everything is made of a different fabric. Write about what you see.
- 2.) Imagine every object is actually alive and talking to you! What would it say?
- 3.) Spot the biggest risk you could do in that specific moment!
- 4.) What would a day look like if you only used your left hands? Write about your day.
- 5.) Pretend like you are in an adventure movie, fleeing from a monster, but trying to keep your calm composure to the outside world. Describe your demeanor.
- 6.) Breathe in experience, breathe out poetry. Write about it.
- 7.) How is what I am seeing before me a microcosm of the whole? Write about seeing yourself in the objects around you.
- 8.) How am I like the objects I see before me? Write about the similarities.
- 9.) See the human face in everything does that tree trunk remind you of a friend's face? Write about a tree that comes to life.
- 10.) Be curious: ask childlike questions about the world around you. What makes the sky blue or the clouds look like that? Answer your own questions.
- 11.) Be a poet and describe the world around you in haikus!
- 12.) Take a walk and only make left turns a lot of them! Write about the detours you took.
- 13.) View everything solid as liquid and everything liquid as solid. How does it feel to walk on liquid grass? Write about this experience.
- 14.) Put a word to every sound you hear every gust of wind or squish in the dirt. Write a sound story.
- 15.) Imagine the world is a giant gingerbread house and everything is edible is that eggplant on the roof shingles? Write about it!

Detour Worksheets Created By Amy Oestreicher 2021 <u>www.amyoes.com</u> lovemydetour@gmail.com

A **limerick** is a humorous poem consisting of five lines. The first, second, and fifth lines must have seven to ten syllables while rhyming and having the same verbal rhythm. The third and fourth lines only have to have five to seven syllables, and have to rhyme with each other and have the same rhythm.

There was an Old Man of Nantucket Who kept all his cash in a bucket. His daughter, called Nan, Ran away with a man, And as for the bucket, Nantucket.

"Haiku" is a traditional form of Japanese poetry. Haiku poems consist of 3 lines. The first and last lines of a Haiku have 5 syllables and the middle line has 7 syllables. The lines rarely rhyme.

An old silent pond...

A frog jumps into the pond,

splash! Silence again.

PIXAR Story Structure

Once upon a time...

- And every day...
- Until one day...
- And because of that...
- And because of that...
- And because of that...
- Until finally...
- And since that day...
- The moral of the story is...

Once there was a	" (person or animal or animate thing)
And every day he/she/it	" (did something)
One day	" (something happened to interrupt or change that
doing)	
"Because of that	." (One result of what happened.)
"Because of that	." (The result of the result of what happened.)
"Until finally	"