

What's the secret to a great TEDx Talk?

How do I “get” a TEDx Talk?

Wait – you’ve given THREE?

After her first TEDx Talk, “*Follow Your Road, Find Your Flower*” went viral in 2016, Amy went on to give one TEDx Talk a year for three years, empowering others with her ideas worth spreading. She’s gone on to give keynotes on a nationwide tour of nearly 200 conferences, organizations, colleges, and organizations with a message of advocacy, transforming trauma, creative entrepreneurship, and cultivating resilience in the face of adversity.

Are you ready to step onto that red dot?

[BOOK NOW.](#)

See all three of Amy’s TEDx Talks here: <https://www.amyoes.com/tedx>

In just six coaching calls and weekly creative assignments, Amy will work with you to:

Imagine it:

- Use innovative strategies to tap into the ideas that drive you
- Bring your idea to life through all aspects of creativity (and no, you don’t need to be an “artist” to get creative!)

Plan it:

- Develop an idea worth spreading to make your audience care
- Create quote worthy phrasing and calls to action

Prepare it:

- Find your voice – literally – and hone your craft as a public speaker with your own pace, rhythm and vocal flow
- Use the power of story to make your message resonate uniquely

Land it:

- Submit a no-fail application for any talk
- Find the gigs that are right for you

Deliver it:

- Overcome stage fright, speak confidently and convincingly
- Perfect body language, gesture, and presence

Promote it: *You’ve aced the talk. Now what?*

- Learn how to maximize your talk to achieve your next goals

- Use your talk to grow your following, how and who to reach out to

What you'll get:

- Customized videos
- Private coaching through phone and zoom
- Personalized worksheets
- Weekly feedback
- Continuous e-mail communication
- Artistic discovery prompts
- Weekly meditations to focus your idea worth spreading
- Physical and Vocal warmups to strengthen your stage presence
- Specialized worksheets
- Honest, encouraging feedback and positive, constructive feedback
- TEDx Resource Free Ebook

A few more surprises!

Not interested in speaking at TEDx?

Amy's coaching can also be customized for public speaking, performance, and being present in your daily life.

Learn more about Amy's speaking here: <https://www.amyoes.com/speaker>

Amy specializes in personal and professional speaker transformation, highlighting personal communication strengths to help you refine your style and stage presence on and off the stage. You'll master TED-style techniques, overcoming critical public speaking obstacles for any occasion.

Book a discovery session [now!](#)

Send a note to LoveMyDetour@gmail.com

YES! I'm ready!

To...

Choose my topic

Organize my speech

Hook my audience in

Memorize my speech

Dress to impress

Deliver my talk with confidence

Prepare for my video to hit YouTube

Promote my video once it is live

So how do I start? Right [HERE!](#)

*Amy Oestreicher is an Audie award-nominated playwright, global speaker, and multidisciplinary creator. A singer, librettist, and visual artist, she dedicates her work to celebrating untold stories, and the detours in life that can spark connection and transform communities. Amy overcame a decade of trauma to become a sought-after PTSD specialist, artist, author, writer for The Huffington Post, international keynote consultant, RAINN representative, and disability advocate. She has given three [TEDx Talks](#) on transforming trauma through creativity, and has shared her story on NBC, CBS, ABC, and contributed to over 70 publications on the arts and community transformation. Amy has toured her musical, *Gutless & Grateful*, to over 200 venues from 54 Below to Barrington Stage Company since its 2012 NYC debut, and premiered her multimedia musical, *Passageways* (original lyrics, music, book and mixed media artwork) at HERE Arts Center with the release of her memoir, [My Beautiful Detour: An Unthinkable Journey from Gutless to Grateful](#). She is founder of "LoveMyDetour," a campaign creating seminars, workshops, curriculum, books, music, and performances designed to entertain, educate, and engage on the intersection of arts and social justice, is part of the National Initiative for Arts and Health in the Military.*

Learn more at www.amyoes.com.

Connect on <https://www.linkedin.com/in/amyoesh/>